

WHAT, WHEN & WHY

No. 1, 27 February 2017, Term 1



MITCHAM GIRLS
HIGH SCHOOL



Kyre Ave
KINGSWOOD SA
P 8272 8233
F 8373 3013

www.mitchamgirlshs.sa.edu.au
dl.0903.info@schools.sa.edu.au

Year 8 Camp



In Memory

Chantelle Clark

18 March 1995 – 5 February 2017

On behalf of Mitcham Girls High School community we extend our sympathy to the family and friends of our former student, Chantelle Clark, a member of the graduating class of 2013 who sadly passed away on Sunday 5 February, aged 21.

Chantelle was always positive; she never let things get her down. Although she had a serious heart condition from birth, with numerous operations over many years, she did everything she could to make the most of every day.

She was half way through a combined TAFE /University course in Art and was greatly enjoying this new challenge.

Chantelle made strong and lasting friendships at school and beyond and had been on a picnic with her friends just the day before she collapsed at home.

She was appreciated by all who knew her for her quirky sense of humour, her willingness to try new things and her determination to be her own person at all times.

Her family is hoping friends may be able to support the Starlight Foundation and/or the Heart Foundation financially in her honour.

Farewell Chantelle !

Sue Howlett | Year 12 Teacher

In Loving Memory - by Amelia Mikos, best friend

It is with the heaviest of hearts I have written this notice. On the fifth of February we suddenly lost Chantelle Clark, a dear friend and family member.

She was never one to let anything stop her - least of all her heart condition, and made her life as full as she could. She loved making works of art, listening to Alice Cooper and ACDC, reading, all things Star Wars, and anything to do with comics – whether it was Marvel or DC. Chantelle never hid her likes and how geeky she was with many graphic t-shirts proudly broadcasting her interests.

Chantelle attended Mitcham Girls for five years and met the most of her closest friends there.

She was in the middle of an art degree and had already made stunning paintings and clay pots, hoping to one day make a career of Creative Arts.

She leaves behind her parents, grandparents and four siblings.

It will take many years to stop feeling her absence so strongly. We will always feel she was taken too early. Heaven has another angel now.

Rest in peace, Chantelle



Middle School News

Welcome to all new and continuing families. We have had a wonderful start to the year. Our students are enthusiastic and keen to do well as demonstrated by their positive response to our Orientation Week program, which focused on building school culture. Day 1, presented by SRC representatives highlighted what makes the school special and introduced key student leaders. The following days' assemblies had as their focus the school principles: Respect, Excellence, Global Citizenship; and used a variety of strategies to help students understand the school's aims and expectations.

For Year 9s this was followed by the first part of their "Challenge" program – reflection and goal setting to develop resilience and provide a strong foundation for future success. A new component of the Care Group Program, it was planned by Year Level Manager Mike Elliott and delivered by the Care Group teachers. The Year 8s, together with their Care Group teachers, attended Camp in Week 3; another way of ensuring that students have the strategies and skills to negotiate their secondary schooling. An opportunity to meet Care Group teachers occurred on Monday 6 February and was taken up by a good number of parents. If you weren't able to attend, another opportunity to meet other parents and your daughter's teachers will be the Parent Evening Wednesday 1 March at 5:30 pm. More information has been provided via the students.

It is pleasing to see that already students are signing up for the Children's University Program. The purchase of a Passport, in which extra-curricular learning and volunteering are recorded, allows a range of skills and interests to be documented and acknowledged, culminating in a Graduation Ceremony hosted by the University of Adelaide. Further information can be obtained by contacting the school.

I look forward to another year of great effort, challenge and success.

Zinta Ozolins | Assistant Principal Middle School

Year 8 Camp

Mitcham Girls High School values the formation of effective working relationships as a means of developing successful and motivated students and the Year 8 Camp provides an excellent opportunity for students to form friendships and build self-confidence. This year's camp was held in a newly renovated building centrally located in Wallaroo and the warm sunny weather experienced during Week 3 of Term 1 guaranteed a fantastic and fun-filled stay.

Students from 8.05, 8.06 and 8.07 attended the first camp from Monday to Wednesday, which was followed by students from Care Groups 8.08 and 8.09 who attended the second camp from Wednesday to Friday. Students were involved in a range of fun team-building activities offered by the Active Education staff as well as having the opportunity to go swimming, kayaking and raft-building. The water sports proved to be very popular given the warm and near-perfect conditions.

A new activity included in the night program this year was Lawn Bowls. Experienced bowlers from the Wallaroo Sports and Community Centre provided equipment and expert advice to our girls for two hours and it was clear that it was both an enjoyable and challenging occasion for all.

Overall, there were numerous opportunities for laughter and fun and trying new things. Each of the girls should be commended for pushing themselves beyond their comfort zones, supporting their peers and gaining confidence and a sense of achievement; the Active Education staff commented on how impressed they were by the level of resilience and enthusiasm shown by our students.

My sincere appreciation goes to the Year 11 Peer Leaders who provided excellent support each day and hosted a fun-filled evening program that the younger students enjoyed immensely. As always, the newspaper fashion show was a highlight and produced some very imaginative creations. I would also like to thank the teachers and counsellors who gave up their time to support the students during the camp – without their involvement, this valuable experience would not be possible.

Dana Thomas | Year 8 Manager

Middle School News

Year 9 My Challenge Day

On Monday 6 February the Year 9 students participated in My Challenge Day during which they set personal goals for this year and also developed a plan to achieve those goals.

The girls listened to several Senior School students from the school who spoke about how they achieved things of which they previously believed they weren't capable.

They also watched and discussed videos of several people who had achieved a great deal, despite personal adversity.

The girls were then invited to identify two personal goals (major challenges) for this year, one of which had to be an academic goal. They used the SMART process to set their goals (i.e. goals should be Specific, Measurable, Achievable, Realistic and Timely).

Some of the academically strong students set goals, such as achieving 6 or 7 As, while others who have struggled in the past made a goal not to get any Ds or Es. Some identified one or two subjects that they have had great difficulty with and are aiming for major improvement.

Goals are fine, but to be achieved there must be a plan. The girls then set about identifying what must be done and by when and writing their plan.

Throughout this year the girls will frequently revisit their goals and plans during care group lessons and will be given tools to help guide them in this process.

Over the next few weeks there will be a special focus on learning for tests and exams and how to do homework effectively.

Mike Elliott | Year 9 Manager

Science News

First Lego League

Team 6' Under represented their state and our school at the National First Lego league Competition in Sydney in December. Although they didn't win they improved in all of their Adelaide scores and we are proud of their efforts.

They had a great weekend in Sydney including meeting other teams, seeing the fireworks over Darling Harbour, visiting Luna Park and sightseeing by riding the ferries around Sydney.

They were great ambassadors for the school in their positive attitude, sportsmanship and exemplary behaviour.

Well done girls!



Brain Bee Challenge for Year 10 Students

Are you interested in changing your brain by learning more about it? The Brain Bee Challenge is an exciting competition that assesses knowledge of neuroscience. Students need to speak with their Science teacher to join this online competition during March. Once registered, you can download the brain book to study before the quiz.

Helen Marussinszky | Science Coordinator

Whole School News

Peer Leader Training

Twenty one Year 11s spent a day at the end of 2016 training to be a Peer Leader. Held at St Michael's Church, Mitcham, the students underwent a day of activities, learning and developing the skills needed to assist Year 8s in their transition from primary to secondary school.

Encouraged to show initiative, over the holiday break, the students organised caps to easily identify them on the Year 8 camp. They proudly wore them on the first school day of 2017, helped guide new students to the assembly and then followed this by regular visits to the Year 8 classrooms to get to know the Year 8s.

Husna Arief Azali
Reegan Chenoweth
Chanel Duval
Kristie Huggard
Lauren Jury
Briana McTier
Isabella Middleton
Maya O'Loughlin
Cecilia Ronson
Sydney Schultz
Kyra Wilson

Nicola Bray
Sophie Dawes
Claudia Earnshaw
Alina Jansons
Sabrina McGrath
Nameera Mansuri
Fizza Munem
Ashlee Parrott
Jade Seidel
Jasmine Wilson

Jill Olifent | Student Counsellor

Successful Dance Students

Hannah Troughton (Year 10) and Ginger Hind (Year 11) have successfully auditioned for the Australian Dance Theatre Youth Ensemble – Congratulations to these talented Dancers.

Meredith Arnold | Arts Coordinator



SACE Merit Ceremony 2017

Congratulations to the four recipients who received Merit Awards at the Governor's residence in early February: Lydia French, Lily Atkinson, Brianna Fantis and Hibra Shujaat. Each student received 20/20.

The awards were for Research Project and Women's Studies.

The two Women's Studies recipients were the only students in the state to receive merits in this subject.

Colleen Tomlian | Year 10 Manager



Whole School News (cont.)

Stimela: The Gumboot Musical

On Monday 20 February, students at Mitcham Girls High School had the opportunity to attend a musical performance. I am so grateful to have experienced the Gumboot performance. I think it is incredible that people living miles, countries and oceans apart have somehow travelled across the world and come together to perform an art that is so beautiful and expressive. It blows my mind that we have had this amazing opportunity to have a brief insight into another culture and the way they express themselves, and how it all comes together because of dance.

Today I felt a huge cloud of happiness float through my body because I didn't need to push myself or try to be the best, I just let loose and had a whole lot of fun. From today it has cleared my vision as to why dance and other hobbies help depression or people suffering through rough times, because I truly did feel so much joy. If the language of dance and music didn't exist, I wouldn't have experienced what I did.

Thank you for giving us the opportunity to watch, learn and become a part of a language much better than any words could ever express.

Rosanna Barani | 9:10

Community News

Free Parenting Seminar

Are you the parent of a teen or pre-teen? Parenting SA invites you to join us or watch our live webcast. Presented by Kirrilie Smout, an Adelaide psychologist working with children, teens and their parents.

Find out:

- what's going on in your child's brain
- what it means to be a teenager in a digital world
- how best to communicate and what to do when things get tough
- what parenting style works best.

Date: Wednesday 22 March

When: 7:00 - 9:00pm

Where: Riverbank Room, Adelaide Convention Centre, North Terrace, Adelaide

Register to attend in person or view the live webcast at <http://parentingsa.eventbrite.com.au>.

Phone: 8303 1660

Email: health.parentingsa@health.sa.gov.au

This seminar is designed for an adult audience. For more information about raising children and teenagers visit www.parenting.sa.gov.au or www.cyh.com.

School Dental Service

Have you received a letter from Medicare about the Child Dental Benefits Schedule? The School Dental Service is a Child Dental Benefits Schedule provider.

Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.

Call now for an appointment at the Mitcham School Dental Clinic on 8271 0371.

Community News

Southern Cross Cultural Exchange

Discover the possibilities of Student Exchange. The Southern Cross Cultural Exchange is holding Information Sessions at the Marion Cultural Centre, 287 Diagonal Road, Oaklands Park, on the following dates:

Tuesday 7 March	7:00 - 9:00pm
Tuesday 21 March	7:00 - 9:00pm
Tuesday 4 April	7:00 - 9:00pm



SOUTHERN CROSS
CULTURAL EXCHANGE



**Classic
Scholarship
Applications
Now Open**
Apply Online
by Feb 28

Experience the world while living like a local

At Southern Cross Cultural Exchange we have released our Classic Student Exchange Scholarship for programs departing in August/September next year.

If you are completing Year 9 or Year 10 in 2017, and want to study abroad, then jump online and apply by February 28, 2017.

Finance

Payment Options

When making a payment to the school there are a number of payment options you can choose from:

- Cheque - made payable to Mitcham Girls High School
- EFTPOS - in person or over the phone
- Direct Debit payment plan through the school
- Direct payment through any bank to the school Banks SA account using the Family Code as identification
- Cash

If you have any question please contact Sue King (Finance Manager) on 8272 8233 or email dl.0903.finance@schools.sa.edu.au.

Sue King | Finance Manager

Diary Dates

March	Wednesday 1	Year 8 Parent Evening	5:30 - 6:30pm
	Wednesday 1	Daymap Parent Portal Demonstration	7:00pm
	Monday 6	IWD / Leadership Induction Assembly	12:00pm
	Tuesday 7	GiFT Dance auditions (Year 8 2018)	9:15am
	Monday 13	Public Holiday	
	Thursday 17 - Friday 18	Year 12 Aquatics	
	Wednesday 22	Year 8 Immunisations	
	Monday 27	Governing Council	7:00pm
	Friday 31	Sports Day	
April	Thursday 13	End Term 1: Reports distributed	3:10pm

GiFT Dance at Mitcham

The GiFT Dance Program at Mitcham Girls High School offers girls the opportunity to develop their skills and passion for dance performance. Students develop creative, technical and physical understanding and an appreciation of dance as an art form.

With intensive and skilful coaching students become successful performers. Our GiFT dance teacher is recognised as a leader in Dance Education. She has had professional experience with teaching expertise in ballet, contemporary dance and jazz dance technique, including choreography for musical theatre productions and national choirs. She has also played a significant role in the development of the SACE Dance curriculum and the management of Dance assessment in South Australia.

For those of you who love dance and want to share and develop your gift, GiFT Dance at Mitcham Girls High School is for you.

Entry by Audition:

Year 7 students: Tuesday 7 March, 9:15am & Tuesday 16 May, 9:15am

Years 8, 9 & 10 students: By appointment

Please register your interest at

www.mitchamgirlshs.sa.edu.au

Mitcham Girls High School
Kyre Avenue, Kingswood
South Australia 5062
Phone: +61 8 8272 8233
Fax: +61 8 8373 3013
Email: dl.0903.info@schools.sa.edu.au



MITCHAM GIRLS
HIGH SCHOOL

