

# WHAT, WHEN & WHY

No 3 Day 24 May 2013, Term 2



MITCHAM GIRLS  
HIGH SCHOOL



Kyre Ave

KINGSWOOD SA

P 8272 8233

F 8373 3013

www.mitchamgirlshs.sa.edu.au  
dl.0903.info@schools.sa.edu.au



Government of South Australia  
Department for Education and  
Child Development

## *From The Principal*

Since the last newsletter the school community has been involved in a series of activities:

### **Working Bee**

We started Term 2 off with a parent working bee on Saturday 4 May. Gardening, painting, cleaning of desks and bins and other areas around the school certainly spruced up our school in readiness for Open Day. We thank the many parents and students who gave up their Saturday morning to support the school:

Craig Huckstepp

Andrew, Indiana and Noah Piggin

Pam and Ali McDonald

Jane and Sarah Sammut

Gilbert Dashorst

David and Gayle O'Mahoney

Marcus and Aimee Reiter

Wendy, Corrine and Steve Shirra

Georgia and Kylie Parish

Sharyn and Greg Bowden

Carolyn Agnew

Jeff and Margaret Neumann

Grant and Ruth Cox

### **Parent Voice**

On Tuesday 7 May we held the inaugural Parent Voice Meeting at the German Arms Hotel for parents who live in the hills. We did not have the numbers we had anticipated (due to illness or unforeseen work commitments). However, we were delighted to have the opportunity to listen to the views of those parents who attended. The issues that came out of our conversation were:

- the need for parents to get to know other parents so that they can support each other; for example, when girls play sport, they could take it in turns to pick up the girls.
- Parents appreciated the fact the Parent Voice Committee was committed to holding meetings in the Hills, Marion, and other areas; however, they suggested that there is a need to have all parents together at these meetings given that their daughter may have many school friends who live all over Adelaide. However, given that we have already advertised the June 18 meeting to be held in Marion, this will go ahead as planned.
- Enhance opportunities for parents to meet through existing events (tea and coffee prior to an event)

### **Open Day/Night**

Monday May 13, Open Day/Night proved to be a very busy day for us once again. Close to 800 people visited our school and were impressed by what they saw. In particular, they were impressed with the confidence of our students and the pride they felt for their school. We thank the members of the Governing Council who came to the school to answer questions of prospective parents.

## *From The Principal*

### **Quiz Night**

On Saturday 18 May some 120 people attended the school's Quiz Night. It was a fun night and all proceeds will go towards the refurbishment of the Visual Arts Centre. It is important that we acknowledge the efforts of the Fund Raising Committee. Cynthia Goldsworthy deserves a special mention. She was the force behind the planning of this event in 2012 and, although her daughter finished her schooling last year, she was determined to see it happen and stayed on as a member of the Governing Council in 2013.

We are indeed fortunate to be well supported by our parents and our school community not only through their involvement in the above activities but also through their daily involvement as volunteers in the Library, Canteen, Sport and Tutoring.

I now wish to draw your attention to two very important events:

**18 June 2013**

### **Parent Voice Committee Meeting**

To be held at the Tonsley Hotel (The Flinders Function Room)  
7:00pm

This meeting is intended for families who live in the Southern Suburbs. However, all parents are welcome. We will send out another circular to parents about this event on 27 May.

**27 June 2013**

### **Melinda Tankard Reist Parent Workshop**

To be held at Mitcham Girls High School in the PAC  
7:00pm Soup, bread and baguettes (\$5.00 per person) will be provided in the staff room between 5:45 and 6:45pm giving parents an opportunity to meet before the event.

Almost 80 parents have already indicated that they wish to attend. The school has sent those parents tickets via their daughters. Another circular will be sent home about this event on 3 June. We can only accommodate 120 parents. If you haven't received a ticket and wish to attend please ensure you reply to our circular so that we can allocate tickets.

I hope to meet as many parents as possible on the above nights.

*Antoinette Jones*

### ***Open Day/Night 2013***

Winter was upon us but it did not deter prospective students and parents visiting us. As the only unzoned state girls' school, we enrol students from all over Adelaide: the Hills, Southern, Northern, Western and Eastern suburbs.

Since early February teachers and students have visited primary schools across Adelaide to promote MGHS and the response on Monday was excellent. Many parents and students listened to the Principal's Address and toured the school observing classes in action. In the evening over 100 students volunteered their time to showcase their skills in a subject area or expertly guide visitors through the school.

Thank you to all the students and parents who supported this important event.

*Meredith Arnold*

## ***Rotary Youth Program of Enrichment (RYPEN) Leadership Camp***

During Term 1 students from Mitcham Girls High were encouraged to apply for the Rotary Youth Program of Enrichment (RYPEN) for 2013. RYPEN is a 3 day camp for 14 -17 year olds.

RYPEN is an intensive program, consisting of plenary sessions, workshops, sport and entertainment activities. Participants were given the opportunity to learn from achievers in the worlds of business, sport and entertainment and presenters talked at keynote sessions and shared their experiences with participants while emphasizing the need to work hard and stay focused. At the same time participants interacted with peers from different backgrounds and worked to improve their team-working and leadership skills. This was all done in an informal atmosphere, where questions and debate was encouraged.

Two of our Year 12 students, Kelei Apech and Nibir Chowdhury, were nominated and after a successful interview with two representatives from Mitcham Rotary, they were chosen to attend RYPEN.

This is what they said about their experience:

“The April holiday saw Kelei and me going to Woodhouse for three days to take part in the Rotary Youth Program of Enrichment. The program provided us, young aspiring leaders, with tools we might need when we take on leadership roles in our community. Each of the camp activities, in my opinion, was based on leadership or what a good leader consists of. Through the activities I have become a better communicator, more accepting, persistent and above all more confident in what I do. The program helped me develop further the skills that I already have and also gain new ones which I might require for my future leadership roles. Overall, it was an amazing experience where I had the opportunity to meet other passionate leaders like myself and learn from them as well. It was simply AMAZING and I wouldn't think twice before doing it again.” - Nibir

“During the three days we participated in various activities which challenged us and opened our eyes to new ways of thinking. Some of the activities were:

- Challenge Hill
- Square Dancing
- Debating
- Skits (short play)
- Problem solving based challenge games

The program helped me understand new ways of working in a team, and I was able to develop and gain more skills and knowledge in leading others. Overall it was an experience that I would love to do again.”  
– Kelei

We are grateful to Mitcham Rotary for giving our students these kinds of opportunities and look forward to hearing about more of these kinds of experiences in the future.

***Bek Brown***  
*Christian Pastoral Support Worker*



## ***Science News April 2013***

### **“Getting into Genes”**

Recently the Year 11 Biology students enjoyed their visit to Waite Institute to participate in the Getting Into Genes program. During this session they extracted DNA, identified gene sequences, cut DNA & ran a gel electrophoresis. These techniques were then used as the basis of their work back at school where they did extension practicals in DNA extraction and the resulting barcodes formed by the gel.



### **Oliphant Science Project**

All Year 8 and 9 students have been engaged in their Oliphant Science project. They have chosen to work individually or in small groups on one of the categories: photography, posters, games, multimedia, computer programs or models. This was completed for school assessment and the best entries will be submitted into the state competition later in the year.

### **I’m a Scientist - Get Me Out of Here!**

All Year 9 classes participated in this program. They enjoyed live chats with scientists answering their questions and voted for their favourite/most deserving scientist. This year all of our scientists were involved in agriculture and our students learnt a lot about food production and global food and nutrition problems.

### **Year 11 Science Camp at Arkaroola**

“Emus...Where there is one, there are more.” And there were. Students attending the Year 11 Science Camp at Arkaroola, could not believe the number of emus grazing peacefully near the roads as they entered the Flinders Ranges during the first week of the holidays.

Other awe inspiring moments included seeing Saturn’s rings through a high powered telescope, the magnificent views across the plains and lakes and walks through canyons bordered by sheer rock faces.

Covering the areas of biology, mineralogy, geology and other ‘ologies’ students completed field studies and attended lectures. These wonderful experiences were capped off by a highly successful bush cooking, campfire night which only served to highlight the value of this particular camp.

Thanks are due to Mr Elliott for his organization and the team who ventured out with him: Emma Langhans and Ben; Janet the bus driver and Zinta Ozolins.

***Helen Marussinszky***  
*Science Coordinator*



## ***Tech News***

We are currently in the process of upgrading our school's infrastructure. This involves the replacement of old original cables, which are Cat 5, with new cables that are Cat 6a. This means that the new cables are capable of transferring more data more quickly between points. We are also replacing switches that are also old and have limited capabilities with ones that will help with the increased speed in which we will transfer data. This is a very large project and has been underway since the holidays, although the initial process of sourcing companies to suggest solutions and submit quotes began last year.

The replacement of old printers and addition of new printers in classrooms and two new photocopiers is also complete. This has meant that staff and students do not have to walk from room to room / floor to floor / building to building as often to collect printing.

The introduction of LearnLink by DECD has seen a change in the internet download quota allocated to students. All girls now have internet credit available whenever they need to access the internet for research purposes. Once students have exhausted their initial allocation, we require students to pay for printing and remind girls that it is vital to change their password to prevent other students using their printing credit. It is an expectation that students will have printing credit to enable them to submit work when required.

May I remind parents /caregivers that we strongly recommend that students do not use their own laptops at school. We provide machines for student use that connect to the school server for data storage and will not be able to offer support to student's own machines. Due to electrical testing compliance it is also not permitted to connect a laptop or phone charger to a school power supply.

We are pleased to be able to make improvements to our IT Infrastructure and hope that students will soon benefit from this work.

***Anne Carpenter***  
*Assistant Principal*  
*Timetable Construction and IT Systems*

### **Computer Support Group**

It is exciting to announce that in the Information Technology area we have started a computer support group. The main aim of this group is to provide support for other girls who require assistance in anything to do with computing and also to provide an opportunity to extend the individual team members' skills and knowledge base. The girls in this group are able to negotiate to learn or work with any specific areas in the computing area. This opportunity will enable them to further develop knowledge gained in their everyday classes and also allow them to extend themselves into areas not covered in our curriculum.

This new endeavour has proven popular with students needing support as we have had quite a few students taking the opportunity to come to Room 13 and receiving support. We have run several units already including Photoshop, creating multimedia presentations such as slideshows and video editing, wordprocessing and general everyday help items, e.g. management techniques, etc. The girls have also provided support for staff members wanting to further develop their skills.

At this stage we have three team members: Madison Lean, Emma Crook and Louise Nixon. We hope to build the number of students in our support team and would love to see any interested students.

***Peter Cottle***  
*IT Coordinator*

## ***Sport News***

### **Zone Sport**

The Zone Sport competition commenced in week 4. Mitcham is fielding teams in the Southern Zone Netball and Soccer competitions. Best of luck to all teams!

8/9 Soccer      Tuesdays 3:30-4:30pm  
Coach: Ben Crilley

Open Soccer    Tuesdays 3:30-4:30pm  
Coach: Alex Bambrough

8/9 Netball     Wednesdays 3:30-4:30pm @ Netball SA Stadium, Mile End

Mitcham 1      Coach: Bri Parsons

Mitcham 2      Coach: Vashti Carman

Mitcham 3      Coach: Nicola Sulley-Beales, Rebecca Jury and Paul Wise

Mitcham 4      Coach: Naomi Small and Sharyn Clarke

Mitcham 5      Coach: Julie Tsoukalas

### **5 A-Side Outdoor Soccer Carnival**

On Thursday 16 May, nineteen girls in Years 8, 10, 11 and 12 attended the Southern Zone 5 a side soccer carnival at Pasadena High School. The girls played 6 games plus two rounds of finals in an intense and highly competitive day. Mitcham 3 finished in 7th place, Mitcham 2 finished in 8th place and Mitcham 1 came 9th. Thank you to all girls for your participation, particularly to C J Henley, who refereed matches all day.

Mitcham 1:	Kelly Harrison Sophie Anderson Chelsea Farquhar	Mamie Samuka Georgia O’Ryan Caitlin Hawkins
------------	---	---

Mitcham 2:	T J Walkden Mae McHugh Bridie LeDuff	Sienna Shaw Alex Draper Emma Williams
------------	--	---

Mitcham 3:	Freshta Mohammad Grace Condello Marissa Serem Jasmina Belicevska	Hayley Bennett Nilofar Malikyar Brianna Benfell
------------	---	---

***Georgina Sulley-Beales***  
*Sports Assistant*

## ***Music Showcase Performance Evening***

On Wednesday 19 June our semester’s Showcase of Music will be held in the Performing Arts Centre. The evening will commence at 6:00pm, finishing at approximately 7:00pm. Gold coin donation.

Items will include music from the Concert Band, Choir Year Level bands and the Year 12 Jazz Combo.

Please come along and support our young musicians and help celebrate their progress.

***Ann Gatis***  
*Music Teacher*

## ***Congratulations***

### **Ali McDonald (10.45)**

On 4, 5 and 6 April Ali McDonald (10:45) attended the FIRST FRC Regional Robotics event in Hawaii. Thirteen South Australian high school students from several different schools made up the community based team: the Robo Roos. This was an extension of the First Lego League event that some of the Mitcham Girls participated in with the assistance of Vanessa Cole.

Each year a different challenge is set and this year's game was called the "Ultimate Ascent". Teams had 6 weeks to brainstorm ideas, source materials and funding, design, build and program a robot to compete in a 3 team alliance against 3 other teams. The robots scored points by shooting flying discs into targets, climbing a frame and stopping the opposition from scoring. This work was done during the January holidays and early part of Term 1.



The Hawaii event had 37 teams from Australia, China, Taipei, mainland US and many from Hawaii, most of which were school based teams. The Roos received the Rookie All-Star award and then headed to St Louis for the Championships.

The St Louis championship event was on a massive scale with 400 teams competing. The Robo Roos team competed in 3 winning alliance matches and had 3 very close losses to finish 77th out of 100 teams.

Ali did a great job as Team Safety Captain and represented the team in the closing ceremony.

### **Nicola Moore (12.01)**

Nicola, who after competing in Adelaide, was selected to attend the UN National Conference 2013 in Sydney in July. We wish Nicola all the best. Hopefully it will be Europe after this round.

### **Nikki Huggard (10.44)**

Nikki has been selected by Southern Cross Cultural Exchange to participate in the student exchange program to Italy. Nikki will depart in October and leave Italy in January. What a wonderful opportunity, Nikki!

### **Visual Arts Achievers**

Ex Student Gemma Mickan has just been selected for a University of SA exchange in Visual Arts to the University of Calgary, Canada AND had her first exhibition in Adelaide.

Ex Student Kiara Wanner has had her Art work chosen from the year 12 Art show to be hung in the Australian Education Union Offices.

Congratulations to these talented Mitcham Girls.

*Antoinette Jones*

## ***Year 9 Camp***

During week 2 this term, 95 Year 9 students travelled to the picturesque Woodhouse camp site and spent three days completing challenges, working as a team and having fun. The focus of the Year 9 camp is to build new friendships, learn to work as a team and develop problem solving skills.

The girls were able to put themselves to the test as they attempted the obstacles on Challenge Hill and many of the girls felt a great sense of achievement when they were able to complete the Mouse Trap and the Rope Crossing. They had the opportunity to apply their artistic skills and express their inner creativity in a pottery class, where they were shown some basic clay techniques and were then free to create anything. Laser Skirmish was a favourite activity among many of the girls. Once the Commando had equipped the girls with their sensor hats and laser machine guns, the battle was on for young and old. Along with these activities, the girls had the opportunity to participate in other problem solving activities such as cooking, orienteering, Human Knot and Houdini Hand Cuffs.

During the camp, the girls were set three team challenges: create a banner that represented the team, create and perform a war cry for the team and create the longest Tom Boy knitting. The girls all rose to the challenge and there were some clear leaders in each of the teams. The banners and war cries were all very well done, but it was both Koala teams (camp 1 and camp 2) that proved to be the most cohesive teams, producing banners and war cries that both represented the teams and included all team mates. The Tom Boy knitting became a task of obsession for some girls, but again it was shown that teamwork was the most rewarding path. Both Kookaburra teams (camp 1 and camp 2) demonstrated their ability to share the challenge around and produce the longest knitting.

I would like to thank all of the girls for being respectful of others, working so well together and making the camp such an enjoyable experience for all. Big thanks to the parents for allowing your daughters the opportunity to participate in such a worthwhile activity. Thank you to Ash, the chef at Woodhouse for the most amazing food and also to the teachers who attended camp (Zinta Ozolins, Paul Wise, Tom De Angeles, Emma Langhans, Bri Parsons, Bek Brown, Renie Walker, Jill Olifent and David Fairbrother), your help made the camp run smoothly and lots of fun for the girls.



***Katherine Wright***  
*Year 9 Manager*



## ***SRC***

### **Funky Hair Friday**

On the last day of Term 1 students in all year levels coloured, chalked and decorated their hair for FUNKY HAIR FRIDAY to raise money for the Leukaemia foundation in the World's Greatest Shave. A crowd gathered to witness SRC Executive member Gabriela bravely have her head shaved!

The SRC assisted Gabriella to raise awareness and collect donations. Joe from Hot Gossip Hairdressers at the Unley Shopping Centre, donated his time to expertly get the job done and a speaker from the Leukaemia Foundation spoke about the need to support cancer sufferers, especially children.



### **Wing Chun Demonstration**

Friday week one saw a demonstration of WING CHUN, a self-defence technique originally developed by a woman. The SRC initiated this session to raise awareness of self-defence for girls and to hopefully start a WING CHUN Training Group on Friday after school. If you are interested please contact the school.



***Meredith Arnold***  
***SRC Coordinator***

## ***Harmony Day***

On Harmony Day, a Synchronised swimming competition was held at lunchtime in the pool.

### **CHAMPIONS: Team “Fire Away”, who performed to the song “Fire Away”**

Ami Spedding	Iona Black
Jessie Walter	Chloe Brealey
Chloe Marsh	

### **RUNNERS UP: Team “Water Balloons”, who performed to the song “Everybody Talks”**

Isabelle Brealey	Kara Parsons	Sarah Lee
Phoebe Wright	Esther Burnett	
Indiana Piggin	Caitlyn Clarke	

Thanks to all girls who participated.

***Meredith Arnold***  
*Assistant Principal*  
*Whole School Events*

## ***Tertiary / Careers***

### **Career Development Survey**

Parents are invited to respond to this survey as a part on the Inner South Region Career Development Trial.

Of particular interest to DECD are parents of Year 10 students. DECD would like surveys completed by early next term.

The surveys for the Inner South can be found at:

<http://www.fluidsurveys.com/surveys/career/parent-survey-1-g3/>.

Any queries to Jill Olifent.

### **Uni SA: Attention Year 12 students**

The UniSA Bonus Points program is called UniSA Advantage, with two different types of points.

Aspire Bonus Points: For students in receipt of Youth Allowance, Health Care Card, Low Income Health Care Card or School Card benefits. To receive these points you must apply by accessing the application form at [www.unisa.edu.au/bonus-points](http://www.unisa.edu.au/bonus-points).

Achievement Bonus Points: For students who have undertaken particular subjects at Year 12 that will best prepare them for university studies within their chosen degree. A complete list of Achievement subjects are available at [www.unisa.edu.au/bonuspoints](http://www.unisa.edu.au/bonuspoints).

### **Career Evening**

UniSA Psychology, Social Work and Human Services Career Evening (UniSA)

Date: Wednesday 15 May at 5:30pm

Venue: St Bernards Rd, Magill Campus

Register at [www.unisa.edu.au/psw/careers](http://www.unisa.edu.au/psw/careers).

***Jill Olifent***  
*Student Counsellor/VET Coordinator*

# Parent Workshops 2013

## Parents of Year 9 and 10 students

Unley High School, Mitcham Girls High School and Urrbrae Agricultural High School

To help you support your child in making important **course and career decisions** throughout their secondary schooling.

**Research has shown that; *Students with parents who are involved in their school tend to have fewer behavioural problems and better academic performance, and are more likely to complete high school than students whose parents are not involved in their school.***

*Henderson, A. T., and Beria N. (1994) A New generation of evidence: The family is critical to student achievement.*

### **Workshop 3 Today's (multiple) pathways to University**

**Tuesday 28 May 28**

Hear about how things have changed in regards to getting into university. The 'non-linear' pathways. Hear about Bridging courses, University Entrance tests, No ATAR- what now? Ask questions of a panel of University Course Counsellors and students. Try out some of the online tools the major universities have available for students to choose courses and careers.

### **Workshop 4 Trades for boys and girls and how to get there**

**Wednesday 26 June**

What and why of Apprenticeships. Hear about selection processes used and how to win an apprenticeship. What employers value in a school leaver. Hear from recent school leavers who are now apprentices.

The second half will provide information about pathway courses available in yours and nearby schools – and how to access them, School Based Apprenticeships – how they work. How to get a head start by studying SACE and an accredited VET qualifications whilst at school.

### **Workshop 5 Other further education options**

**Wednesday 31 July**

TAFE and other Vocational Education and Training Providers – what career paths can they offer your child?

In the second half, find out about and try out some really useful websites and other resources which you could use with your child in guiding them along their path.

### **Workshop 6 How to help if they have no idea**

**Thursday 15 August**

Schools offer several programs which teach students about where they fit, where their strengths are and which career paths to explore. Find out how what these are and how you can be a partner with the school in guiding your child to choose an appropriate path.

**To register interest:** Email [careerpartners@uhs.sa.edu.au](mailto:careerpartners@uhs.sa.edu.au) and indicate which number workshop you would like to attend.

**Venue** for all workshops: Unley High School      **Times:** 6:30pm until 8:30pm

**More information** will be emailed to participants closer to the date.

# PARENTING COURSES

Term 2 2013

Sometimes as parents we can feel isolated in dealing with our teenage children and often they do their best to push us away as they search for their adult identity. It can be a tough time !!!! Reaffirming what you are doing or even finding a variation to a tried formula can make a huge difference in relationships. The following are some of the sessions on offer for parents from a range of DECD approved providers. You might find one that is refreshing.

If you want to discuss further please call one of our student counsellors Kaye Naughton or Jill Olifent at the school.

## **My Child's Home:**

*Parenting After Separation*

1 x 3 hour session

Dates: 9<sup>th</sup> May 6pm – 9pm

15<sup>th</sup> May 1pm. – 4pm.

21<sup>st</sup> May 10am. – 1pm.

30<sup>th</sup> May 6pm. – 9pm.

Location: Centacare

Address: 33 Wakefield Street, Adelaide

Cost: \$5.00

Enquiries: 8210 8200

## **Helping Your Child Deal With Emotions Constructively**

1 evening session

Date: Wed 23<sup>rd</sup> June

Time: 7.30pm. – 9.30pm.

Location: Effective Living Centre

Address: 26 King William Road  
Wayville

Cost: \$15 / 10

Bookings: 8271 0329

## **Inside His Head**

*Parenting Teenage Boys*

3 evening sessions

Date: starts 6<sup>th</sup> June

Time: 7pm. – 9pm.

Location: Centacare

Address: 33 Wakefield Street  
Adelaide

Enquiries: 8210 8200

## **Developing Resilience**

1 evening session

Date: Wed 12<sup>th</sup> June

Time: 7.30pm. – 9.30pm.

Location: Effective Living Centre

Address: 26 King William Road  
Wayville

Cost: \$15 / 10

Bookings: 8271 0329

## ***Young Endeavour Youth Scheme***

Australia's national sail training ship Young Endeavour is now accepting applications for youth to join eleven day voyages departing between July 2013 and February 2014. Young Australians aged 16 to 23 can apply for the ballot at [www.youngendeavour.gov.au](http://www.youngendeavour.gov.au) until 31 May 2013. No sailing experience is required.

A voyage in Young Endeavour is a challenging adventure at sea, and an exciting opportunity for youth to develop teamwork and leadership skills through a world recognised organisation. The current ballot includes voyages departing from Tasmania, Victoria, New South Wales, South Australia and New Zealand, which will be crewed by youth from around the country.

During each voyage, youth crew learn the skills to successfully sail a square rigged ship. They climb the 30 metre mast, set and furl sails, and maintain a 24 hour watch on the bridge. They also learn to navigate, take the helm, keep lookout and help the chef in the ship's galley. At the end of the voyage, youth crew will take command of Young Endeavour for 24 hours, sailing the ship along the Australian coast. On their last day at sea they will host a local group of youth with special needs, sharing their new found knowledge and experience. The specially designed program delivered aboard the ship increases the youth crew's self awareness, develops teamwork and leadership skills, and fosters a strong sense of community spirit.

Since 1988 the Young Endeavour Youth Scheme, in partnership with the Royal Australian Navy, has provided challenging training voyages for over 11,000 young Australians in the tall ship Young Endeavour. The specially designed program delivered aboard the ship increases the youth crew's self awareness, develops teamwork and leadership skills, and fosters a strong sense of community spirit.

For more information, including voyage dates and fees, please visit [www.youngendeavour.gov.au](http://www.youngendeavour.gov.au) or contact 1800 020 444.



**YOUNG ENDEAVOUR**  **YOUTH SCHEME**

are you aged 16-23?  
looking for a challenge?

**the 2013 ballot  
is now open**

apply online for  
the adventure  
of a lifetime

ballot closes  
31 May 2013

[www.youngendeavour.gov.au](http://www.youngendeavour.gov.au)



## DECIDING ON WHAT CAR IS SAFE TO DRIVE

Once a driver has passed the practical driving test, deciding on the appropriate vehicle to buy is an important decision. Provisional drivers under the age of 25 must not drive a high-powered vehicle until they gain a full driver's licence. High-powered vehicles have a Gross Vehicle Mass of less than 4500 kgs and are defined as: -

- vehicles with engines of eight or more cylinders
- vehicles with turbocharged or supercharged engines (excluding diesel powered vehicles)
- vehicles that have been modified to increase engine performance (simply put if the vehicle is modified to increase performance then it is not allowed).
- nominated high performance vehicles. (this list can be located at: - [http://www.myllicence.sa.gov.au/data/assets/pdf\\_file/0005/48785/high\\_performance\\_list.pdf](http://www.myllicence.sa.gov.au/data/assets/pdf_file/0005/48785/high_performance_list.pdf))

Don't base your decision on vehicle selection purely on economic reasons, with a cheap vehicle being selected with no consideration regarding its safety rating. Research shows you are five times more likely to survive a serious crash when driving a safer car. Consider the ten points of choosing a safe vehicle:-

1. Look for a vehicle with a safety rating of 4 stars or more. Many dealerships are displaying the safety ratings of 4 and 5 star rated cars with the stickers and swing tags. Look out for these stickers and tags when making your purchase decision.
2. In many cases, reasonably priced vehicles score more stars than some of the more expensive models. So check the vehicle's star rating and the safety features that you can expect in most 4 and 5 star rated vehicles.
3. For a car to get a 5 star rating, it must have Electronic Stability Control (ESC). Different manufacturers have different names for ESC - for example Dynamic Stability Control (DSC) and Electronic Stabilization Program (ESP). ESC is a computer-based system that helps drivers maintain control of their vehicles, particularly in adverse conditions such as wet weather. It continuously monitors a vehicle's speed, steering wheel angle, direction of travel and cornering acceleration, automatically applying individual brakes if there is a risk of skidding or overturning.
4. Crumple zones protect the occupants by absorbing the energy generated on impact during a crash. Specially designed crumple zones give way, whilst maintaining the structural integrity of the cabin to protect the driver and passengers.
5. Most new cars now have driver and passenger airbags. However it is important to realize that these alone are not an adequate safety measure in a serious crash. There are many 2 and 3 star rated vehicles on the road that have airbags but are lacking in some of the other safety features.

□ /2

---

Editor: Senior Sergeant Paul Warren

☎ (08) 8207 6587

✉ Email: [DL:SAPOL Road Safety Section](mailto:DL:SAPOL_Road_Safety_Section)

☎ Fax: (08) 8207 6593

📄 Postcode: 30

## STUDENT EXCHANGE

### HOST FAMILIES NEEDED

#### EXPERIENCE ANOTHER CULTURE, MAKE NEW FRIENDS

##### **Student Exchange Australia New Zealand**

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education & regulatory authorities in each State and Territory. An information session is being held on Thursday, 6 June at the Adina Apartment Hotel Adelaide Treasury, Cnr King William and Flinders Streets, Adelaide. The session starts at 7:30pm. The evening gives students and families the opportunity to learn more about becoming an exchange student and the various scholarship options that are available.

In June-July they will be receiving exchange students from Canada, Scandinavia, France, Germany, Italy, Switzerland and the USA. New arrivals will live with a host family and attend a local school for 2-10 months. They are keen to hear from suitable families who might be interested to host a student.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

All students have at least basic levels of English and have a wide variety of interests and hobbies. Staff members of Student Exchange Australia New Zealand are happy to discuss which student might be best suited to a family.

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, call 1300 135 331 or visit their website [www.studentexchange.org.au](http://www.studentexchange.org.au).

##### **Southern Cross Cultural Exchange**

Volunteer to host an international high school student in July 2013 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for one term, one or two semesters from France, Italy, Germany, Sweden, Norway, Denmark, Finland, and Spain. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call toll free on 1800 500 501, request international student profiles, and capture the spirit of family and friendship.



## **Teen Dental Plan**

Adelaide Dental Centre would like to announce that they are participating in the Medicare Teen Dental Scheme without any out of pocket expense to patients. The voucher entitles eligible patients to preventative care including a comprehensive examination, X-rays, full mouth clean and fluoride treatment.

For patients not eligible for the Medicare rebate, they are able to provide comprehensive care at a reduced fee for school age children.

Please contact the Adelaide Dental Centre to book an appointment:

Level 4, 68 GHD building Grenfell St Adelaide

Tel: 08 8223 1639

<http://www.medicareaustralia.gov.au/provider/medicare/initiatives/files/2207-dental-brochure-dl.pdf>

## **Diary Dates**

<b>May</b>	Tuesday 28	Principal's Tour 9:15am
	Tuesday 28	Parent Workshop (Unley High School) 6:30pm
<b>June</b>	Thursday 6	Principal's Tour 9:15am
	Monday 10	Queen's Birthday Public Holiday
	Tuesday 11	Student Free Day
	Wednesday 12 – Thursday 13	Year 12 Retreat
	Thursday 13 June	Year 8/9 Immunisations
	Thursday 13	Parent Workshop (Unley High School) 6:30pm
	Monday 17	Governing Council 7:00pm
	Monday 17 – Friday 21	Years 10 & 11 Exam Week
	Tuesday 18	Parent Voice 7:00pm (Tonsley Hotel)
	Wednesday 19	Music Showcase 6:00pm
	Friday 21	WWW published on website
	Monday 24	Semester 2 begins
	Wednesday 26	Parent Workshop 6:30pm (Unley High School) 6:30pm
	Thursday 27	Melinda Tankard: Parent Workshop 7:00pm (not to be missed) Soup, bread, baguettes provided between 5:45 and 6:45pm - \$5.00 per person
<b>July</b>	Friday 5	Year 11 Reflection Day
	Friday 5	End of Term Reports distributed 3:10pm