

WHAT, WHEN & WHY

No. 5, Friday 16 August 2013, Term 3



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Government of South Australia
Department for Education and
Child Development

From The Principal

Dear Families,

You would be aware that last term the School engaged Melinda Tankard Reist to run a series of workshops with each of the year levels and one workshop for parents.

All students responded to the message she delivered in a very positive way and I truly believe that every student learned something from the workshops, whether it was how to stay safe in cyber space, how to discriminate between sensible advertising and advertising which sexualises women's bodies to sell their products or how to listen carefully to the lyrics in a song to recognise glorified violence, abuse or offensive sexism.

I received many emails from parents who attended the evening workshop and they also expressed their gratitude for having the opportunity to attend.

It was certainly encouraging to have more than 100 parents attend the workshop. We have the DVD of the presentation and if you wish to borrow the DVD, your daughter can borrow it from the library.

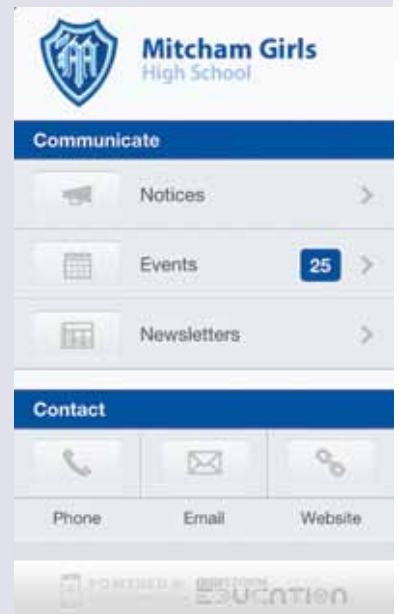
School App – let's stay in touch!

More than five hundred people have downloaded the App. We have included information at the end of this newsletter about the App and encourage you to download it if you have not done so already. The school sends brief but important information or reminders about events through this on-line tool and I would like to encourage parents to have it on their phone.

A reminder to all families that Show week is coming up. On Friday 6 September we have a school closure (the school will be closed on this day) and Monday 9 September is a student free day. Students are not required to come to school but teachers will be at school engaging in professional learning. This means that students have two days (plus the weekend) to go to the Show. We hope that students do not take any other time off during the Show week. There is a strong correlation between attendance and student educational outcomes and no student should take time off school unless they are sick.

A large group of students will be going to Falls Creek, departing Thursday night, 5 September, and returning early Monday morning. This means students give up their long weekend for the Ski Trip rather than taking time away from school.

The Year 12 students had exams last week. Very soon you should receive a letter detailing the results of their exams. Please continue to encourage your daughter to work hard and complete all assignments by the due date. There are not too many weeks of school left for them!



Regards,

Antoinette Jones

Subject Selection for 2014

Students are currently in the process of selecting subjects for 2014 using a program called 'Web Preferences'. Accessed on-line, Web Preferences allows students to lodge their subject selections directly, doing away with much of the paperwork and data entry processes used in the past. This reduces incidents of lost paperwork and data entry errors.

Students have been emailed a personalised log-in, password and subject selection instructions for Web Preferences to their school email address. Care Group sessions have outlined the process, instructions have been given, together with due dates for lodgement. In many cases, students have been given opportunities to access Web Preferences in Care Group time. Once subjects have been chosen and 'locked in' on Web Preferences, we ask that a confirmation be printed and returned, signed by a parent/guardian, to the Care Group teacher. This ensures the subjects selected are approved by parents/guardians.

We encourage you to discuss subject selection with your child/children in the light of school and post-school pathways. Students in Years 10 and 11, and their parents, will have the opportunity to discuss their subject selections with trained staff members on the afternoon and evening of Wednesday 21 August or during Thursday 22 August. Appointment request forms have been distributed to students and are also available on the School's website.

Anne Carpenter
Assistant Principal, Timetabling

Tony Sims
Deputy Principal, Senior School

Sports News

Term 2/3 Zone Sport

Over the course of Terms 2 and 3, Mitcham has been represented by several sports teams in the local Zone Sport competition. After a season which saw lots of close, intense matches, the competition finals took place this week. Mitcham had two teams in the grand final, three teams playing for 3rd place and two teams vying for 5th place. Results are as follows:

8/9 Soccer: The team finished in 6th position. A great effort by a team primarily made up of Year 8s playing in an 8/9 competition.

Open Soccer: The Open Soccer team will play their grand final against Adelaide in week 5. We wish Mr Bambrough and his team the best of luck.

8/9 Netball: Mitcham 1: 4th place

Mitcham 2: 3rd place

Mitcham 3: Mitcham 3 defeated Glenunga in the Grand Final by five goals to claim the Premiership. Congratulations to all team members and coaches - Nicola Sulley-Beales, Rebecca Jury and Mr Wise.

Mitcham 4: 6th place

Mitcham 5: 4th place

We would like to thank all the teachers who gave up their time to coach, coordinate or referee a sport team. Thanks to Mr Finos who refereed all Soccer matches and Ms Dodd who coordinated the Netball umpires. The Netball umpires were Caitlin Curnow, Abbey Holland, Amy Norman, Tamara Norman, Louise Mitchell, Jessica Tuckwell, Chelsea Hayes, Tayla Smith and Janelle Freson.

Term 3/4 Zone Sport season starts in week 7 of this term. Mitcham will be fielding teams in the 8/9 and Open Volleyball and 8/9 Badminton competitions.

Georgina Sulley-Beales
Sports Assistant

Middle School News

Meet the Writers

Meet The Writers is an event that gave some of the Year 8 and 9 students the chance to meet some of their favourite Australian writers, illustrators and poets. Schools from all over South Australia participated in this annual event. This year, however, was a particularly special one being the 20th anniversary.

The first speaker of the day was Lili Wilkinson, author to 'Pink', 'Scatterheart' and her most recent release 'Love Shy'. After her inspirational speech we split up into groups to listen to other authors and illustrators for an hour before a midday break, then heading towards our second author/illustrator. After we had listened to this we went back to the main hall to listen to a very educational and thought provoking speech from the well-known author, John Marsden.

Caroline Bamford
English Teacher

Technology Studies

My name is Jaymee Langrehr and I am in Year 9. I have been studying Technology as a choice subject since I have been at Mitcham Girls and absolutely love it.

I was interested in woodwork before starting high school and jumped at the chance to do more than my experience of sanding sticks at home. The first objects I made were wooden spoons and enjoyed learning how to create items from pieces of wood.



At the Mt Pleasant Show I met members of a woodworking club and was eager to join. The club has about 20 members and I am the youngest. We share items we have made; the first item I shared with them was a Honey Dripper from Red Wood that I made in Mr Ziesing's class. I have since bought my own lathe and work when I have time, weather permitting, as the shed I work in can be quite cold. Despite these restrictions I have made a number of items - cheese platter, oriental style bowl and a pen.

This year I am studying Technology and practising techniques for my major project, a coffee table, which I am looking forward to making.

Technology is a brilliant subject for designing and creating useful objects. I encourage everyone to give it a go!

Jaymee Langrehr (9.15)

Year 7/8 Transition

Our 7/8 Transition Day will be held on Wednesday 6 November. We are looking forward to spending the day with the students who have enrolled for 2014. The day will begin with an assembly which will include a uniform parade and general information. This will be followed by getting to know you activities, sessions in the classroom, a school tour and opportunities to address any concerns and worries.

Our current Year 8 students will serve as guides. This is yet another opportunity for students at Mitcham Girls High School to develop confidence, leadership skills and a sense of community.

The transition program is an important part of developing school culture and preparing students for future success.

Zinta Ozolins
Year 7/8 Coordinator

Tech News

Technology Studies

Throughout Semester 1 the Years 8, 9 and 10 Technology Studies classes have been designing and producing a number of projects using solid and manufactured timbers.

Year 8 students have designed and made some jewellery boxes and automata projects.



Year 9 students have been successful in completing their key holder and occasional table projects.



The Year 10 class has researched a range of existing designs and ideas to plan and construct their own personalised storage units.

Many students have designed their project to fit in a certain space at home and designed them to store specific items.

Matt Peters
Tech Teacher

Science News

- Science & Engineering Challenge: The Year 10 SHIP class enjoyed applying their problem solving skills at Flinders University competing against other schools. They came a creditable 4th, positively representing our school.
- Science Careers Day: All Year 10s increased their awareness of science careers while participating in hands-on displays at the Wayville Showgrounds.
- Bridge Building Competition: Year 9 students designed and built bridges competing in a state competition at the Art Gallery.
- Primary Schools Science Shows: The Year 9 SHIP class designed, trialled and performed a 'magic chemistry show'. They presented it at three primary schools; much to the delight of the audience.
- Skype with Adelaide University: Both Year 11 Biology classes appreciated talking to the scientists and viewing specimens magnified under the electron microscope.
- Hatching and Growing Chickens: As part of the Year 11 Biology course many students delight in cuddling our new chickens.



Helen Marussinszky
Science Coordinator

Fashion News

On Tuesday 30 July a composite group of Year 9, 10 and 11 Fashion students were fortunate to attend a TAFE SA Fashion School run program entitled 'Introduction to the Fashion Industry'. Offered by 'Schools in Business' of which the school is a member, the day allowed students to see first-hand the various stages involved in the design and production process.

Students were guided through work rooms, the footwear section, viewed 'Style Sight', a fashion forecasting website that TAFE SA subscribes to and gained valuable insight into the relationship between courses offered and the variety of career paths in the industry. Story boards, pattern cutters, croquies, French curves, toiles, trade drawings, mannequins all featured at some stage during the day. As well as gaining career information the day also reinforced skills required as part of their school courses.

The afternoon session was practical, with students being walked through a trade drawing of a skirt on a croquie and then in small groups, using fabric pieces supplied, pins and mannequins to design a garment. A fun end to a busy day!



Feedback from students indicates the value of the day:

"It was very fascinating to see how shoes were made. It was also interesting to find out that TAFE has a shoe-making course. We would recommend the day to anyone interested in fashion/design." Wanrada, Maddi and Nicole.

"It gave me an insight about options that are available to me, and how I have the choice to be what I want to be in the future." Nobhule

"I didn't realise how many different aspects of fashion there are." Holly

Julie Tsoukalas
Fashion Teacher

Senior School News

Year 11 Reflection Day

On the last day of Term 2 Year 11 students attended the annual Reflection Day. Care Group teachers encouraged students to reflect on the journey through education so far, the students' progress into the Senior School and their experiences in Semester 1 2013. Students then considered the next five terms of schooling and the challenges ahead. Hints and strategies were presented along with motivational and relaxation techniques.

The SACE SURVIVOR competition was highly contested and resulted in the first ever draw! The challenge was therefore held over to include the first week's attendance record for Term 3. 11.38 was victorious. Well done!

Student comments: "I enjoyed the day a lot. The speeches were inspiring."
"It made me realise how far I'd come at school."
"I liked the relaxation part of the day. It made me feel calm."

Meredith Arnold
Year 11 Manager

Schools in Business - Women in Leadership

On 13 June, Alice Robertson, Nikki Huggard and Nicola Sulley-Beales (Year 10 House Captains), accompanied by Ms Ozolins, attended a presentation by Pip Marlow, the manager of Microsoft Australia. Ms Marlow talked about the future of Australia and education, and discussed thinking innovatively. She compared Dawn Fraser's 100 metre freestyle victory at the 1956 Olympic games with current professional swimmers and how the time that won her the gold medal wouldn't have even qualified her for the final in 2012. Ms Marlow then explained that what led us to where we are today won't lead us to excellence in 50 years' time.

The luncheon was a wonderful experience which exposed the students to life in the business world. The girls enjoyed their gourmet sandwiches while watching Ms Ozolins eat a wonderful two courses!

Zinta Ozolins
Assistant Principal

Climate Change Update

On Thursday 27 June I was lucky enough to attend CEDA's "Climate Change Update" seminar with two Stage 1 students: Kaitlin Borchers and Jasmine Wright-Poscablo. This was hosted by Tim Flannery and had a number of other important speakers who addressed the issue of current scientific and political developments in climate change.

Tim Flannery talked about how we can achieve carbon emission targets both globally and in Australia. He hoped that the advances in renewable energy technology would turn things around, and highlighted the dramatic drop in the cost of producing renewable energy.

This seminar was organised as part of the Schools in Business program, an excellent initiative by businesses to promote links with schools. If you wish to learn more about their programs visit: schoolsinbusiness.org.au.

Sharyn Clarke
HASS Teacher



Senior School News (cont.)

Year 10 Work Experience

As part of our Year 10 Care Group Program our students will participate in a Work Experience Program. This will be held from Monday 2 to Friday 6 December 2013 and our Year 10 students are currently looking for work placements for this time.

If you are able to offer a work placement or assist us with this program in any way please contact Sandy Alston (Yr 10 Manager) Ph: 8272 8233 Email: sandy.alston869@schools.sa.edu.au. Thank you.

Sandy Alston
Year 10 Manager

Personal Learning Plan Excursion

Our three PLP classes participated in an excursion to the city as part of their career investigation. They spent time at the three major university precincts of TAFE, Uni SA and University of Adelaide. Students attended some guided tours of University of Adelaide, the Health Sciences, Design and Law areas of Uni SA, collecting information relevant to their future pathways. It was very interesting to see the virtual pharmacy and the practice emergency room as well as a person's lung showing the damage caused by smoking.

Thank you to all the teachers who attended and the students for being responsible.



SACE News

Tertiary information has been distributed to Stage 2 students. This includes materials about courses at the various universities as well as booklets regarding prerequisites in some courses. It is important to read this information as each university offers similar courses with different prerequisites and these have changed considerably in recent years.

The SATAC Guide will assist students when applying for university and TAFE. Senior Year Level Managers, Counsellors, Stage 1 and Year 10 Care Group teachers have copies of the same information for students to use in their Course Counselling planning. There are also copies in the library which can be borrowed overnight. All this information is available on-line at the individual institutions.

The TAFE information is on-line or you can contact TAFE direct and, if needed, make an appointment with a TAFE counsellor.

Stage 2 students have until the end of September to apply for university and TAFE entry at the lowest cost. We urge students to make an application and, if necessary, defer their place. Students can make up to six choices for university and a further six choices for TAFE. There is a cost involved for each application and applications are processed once payment is made.

There are also scholarships you can apply for. Refer to the individual websites for this information.

Care Group sessions over the next few weeks will assist students in this process. We urge you to read the information about tertiary open days and to attend them with your daughters.

Sue Howlett
SACE Coordinator

MGHS Sports Stars

The “Mitcham Girls High School Sport Stars” newsletter segment is a new initiative to acknowledge the talented and high-achieving sportswomen at MGHS. We will feature two talented sports women in each newsletter.

Name: Isabella Dashorst
Sport: Track Sprint Cycling
Events: Keirin, Time Trial and Match Sprint

How did you get into your sport? “My friends asked me to a “come and try” at the Gepps Cross Super Drome and I love it. I was later selected in the FAST (Fast Athletic Sprint Track) Programme and trained with the South Australian Sports Institute (SASI). I am now in the Physical Edge Cycling Squad.”

Greatest Achievements:

2012: Competed in Oceansias (Aust vs NZ Track Cycling Carnival)
2013: Bronze Medal - Match Sprint - SA Track Cycling State Championships
2013: Silver Medal - Keirin - SA Track Cycling State Championships

Future Ambitions: To ride for Australia

Sporting Inspiration: Anna Meares



Name: Nicola Sulley-Beales
Sport: Netball

How did you get into your sport? “I have grown up in a netballing family (Mum was a State player) and I began playing Netball aged 6 at the local SAUCNA club. I then moved to the Netball SA competition when I was 9. I’ve just returned from the U/15 Nationals in Launceston.”

Greatest Achievements:

2011/12: Selected in the Netball SA “Sparrows” Talent ID Team
2012/13: Selected in the Netball SA Metro Academy Team
2013: Secondary School Sport SA (SSSSA) U/15 State Side

Future Ambitions:

To go as far as I can with Netball!

Sporting Inspiration:

All the ANZ Championship and Australian players; particularly Maddi Browne, Kim Ravaillion and Bec Bulley. Roger Federer, even though he’s a tennis player, he’s always inspired me to work hard and play fair.



Georgina Sulley-Beales
Sports Assistant

Whole School News

40 Hour Famine

The focus country for this year's 40 Hour Famine is Malawi which is in East Africa. I was lucky enough to visit Malawi after I finished high school and I have to say that it is a beautiful place with beautiful people, but the poverty was visible. In a country where 90% of the population work in agriculture all it takes is a couple of bad years of no rain and the country is devastated.

Malawi ranks 171 out of 187 countries on the Human Development Index (which rates things such as education, access to clean water, life expectancy, under 5 mortality rate, etc).

It has a population of 15.3 million in a country which is roughly twice the size of Tasmania and about 4 million of their population are children, which is about the same number as all the children in Australia.

74% of the population live on below \$1.25 per day and according to UNICEF a quarter of the population runs out of food only 5 months after harvest.

At the recent Global Leadership Convention, the 2013 SA Youth Ambassador, Eilish Maguire spoke to the students about some of the children she met when she was in Malawi who only get to eat one meal a day – a bowl of porridge which they get at school - to keep them going all day.

This year we have around 150 students taking part in the 40 Hour Famine which happens this weekend (16-18 August). Together we are aiming to raise \$7,000, which may seem like a lot but is only \$50 per person which, in a country like Malawi, can feed a family of 6 for a month!

To help us reach our target we will be having a MOVIE FUNDRAISER on Saturday 17 August at the Capri Cinema (141 Goodwood Road, Goodwood) from 3:30-5:30pm. The film we will be seeing is 'Now You See Me' starring Michael Cain and Morgan Freeman. Tickets are \$15 (with \$6 from every ticket going to the 40 Hour Famine) and you are very welcome to come and buy tickets at the door. We'd love to see as many people as possible supporting this very worthy cause.

Together we can make a real difference in the lives of some of the world's poorest people.

Bek Brown

Christian Pastoral Support Worker

Harmony Day

Earlier this year we celebrated HARMONY DAY 2013. Using the theme of 'Water' Ms Connelly's Year 8 Art class created this mural using undersea images painted in Acrylic on Board.



Community News

On Friday 26 July six Year 9 students assisted Mitcham Meals on Wheels in celebrating their 50th Anniversary. The event was attended by local politicians and His Excellency Rear Admiral Kevin Scarce AC CSC RANR, the Governor of SA.



VET / Careers

Tertiary Open Days

Flinders University www.flinders.edu.au	Friday 16 August and Saturday 17 August	9:30am - 4:00pm (both days)
International College of Hotel Management	Sunday 18 August	2:00 - 3:30pm
Tabor College www.taboradelaide.edu.au	Saturday 17 August	10:00am - 2:00pm
TafeSA (Noarlunga campus) www.tafesa.edu.au	Friday 16 August	9:00am - 4:00pm
University of Adelaide www.adelaide.edu.au	Sunday 18 August	9:00am - 4:00pm
University of South Australia (City West campus) www.unisa.edu.au	Sunday 18 August	9:00am - 4:00pm
ADF Career Expo	Saturday 31 August	9:00am - 4:00pm

For more information regarding presentations go to cesa.webtemplate.com.au/.../ADF%20Career%20Expo%20Flyer.pdf to view session times.

UniSA Further Career Information

Health : The Inside View	15 September	City East Campus
Built Environment Preview Day	15 September	City East Campus
Taste of Business & Law Careers	17 September	City West Campus
Magill @ Twilight	18 September	Magill Campus
Switch On : Mawson Lakes	19 September	Mawson Lakes Campus
Design West	20 September	City West Campus

Flinders University: New degree courses in 2014-Civil Engineering, Environment, Network Systems, International Studies, Justice and Society, Media Arts, Sport, Health and Physical Activity, Bachelor of Creative Arts (Dance)

SATAC Applications are now open. Details for students are available at unisa.edu.au/choose. Year 12s will have the process explained to them, if you wish to have individual help, please make an appointment time with Ms Olifent or Ms Howlett this term.

Career Choices: The latest information on careers and jobs in South Australia www.skills.sa.gov.au/careers-jobs/choosing-your-career. Hard copies available 1800 506 266. Career Hunter App-free app, also on Facebook.

Julia Farr Mentoring: Become a mentee for a young person living with a disability. Ph 8373 8325 or admin@purpleorange.org.au. Further information at www.purpleorange.org.au/juliafaryouthmentoring.

Cultural Care Au Pair: Gap Year opportunity - spend a year living as part of an American host family, caring for their children and immersing themselves in a different culture.

VET / Careers (cont.)

VET News

As we approach Course Counselling and students begin to make decisions about 2014 and beyond, it is important to consider whether a Vocational Education and Training (VET) course is a suitable pathway to a chosen career.

In order to assist with this important decision, there are a number of resources available for you to refer to in addition to the Curriculum booklet:

1. The Inner South Schools VET Programs Booklet – These courses are offered by the schools in our region and provide high quality, cost effective training in a number of industry areas. This has been provided to interested students through their Care Group teachers. A digital copy is also available on the school's website <http://www.bhs.sa.edu.au/vet.php>.
2. Skills for All – The South Australian training website provides information about subsidised training for school leavers and for current SACE students. Visit <http://www.skills.sa.gov.au/training-learning/training-for-school-students>.
3. Job Outlook – A government website dedicated to providing up to date career information. It includes information on the training and skills required for a chosen career as well as future job prospects and earning potential. Visit www.joboutlook.gov.au.
4. Trade Schools – If your child is considering a trade and would like to begin training whilst completing their SACE, then the Trade Schools <http://www.tradeschoolsforthefuture.sa.edu.au/> can help to make this a reality. Appointments to see one of the regional brokers can be made through me at any time.
5. Training Guarantee For SACE Students – The TGSS is for students who are dedicated to completing their SACE and have a definite career pathway in a skills shortage area. Students who have completed a VET course in 2013 and wish to explore their options for next year could take up this funded training opportunity. Please see me for more information or visit <http://www.skills.sa.gov.au/training-learning/training-for-school-students/training-guarantee-for-sace-students>.

As Term 3 progresses, VET courses in a wide range of other career fields will become available. These include music, photography, aged care, child care, hair, beauty and make-up. Availability of courses will be advertised through the Student Bulletin and newsletters.

School Based Apprenticeships and Traineeships

Earn credits towards SACE through Employment & Training which compliments school education. School Based Apprenticeships or Traineeships provide secondary students from Year 10 onwards with hands on industry experience with an employer, and the ability to work towards or complete a nationally recognised qualification, while they complete their SACE.

School Based Apprentices/Trainees spend their week days involved in a combination of school, paid work and skills training. A School Based Apprenticeship/Traineeship gives students a head start towards their chosen career part time and the formal skills training they undertake can earn the student credits towards SACE. School Based Apprentices/Trainees will need to negotiate a modified school timetable to attend work and skills training so they can manage their time.

For more information head to the website www.tradeschoolsforthefuture.sa.edu.au.

Jill Olifent
VET / Careers Counsellor

Student Exchange

Congratulations to Nikki Huggard and Abbey Holland. Nikki and Abbey have been selected by Southern Cross Cultural Exchange (SCCE) to participate in their student exchange programs.

Nikki will depart for Italy in October and return in January. Abbey will depart for France in October and return in January.

Nikki and Abbey join 8,100 other Australian students who have ventured overseas with SCCE.

What a wonderful opportunity!

Antoinette Jones
Principal

STUDENT EXCHANGE

HOST FAMILIES NEEDED

EXPERIENCE ANOTHER CULTURE, MAKE NEW FRIENDS

Student Exchange Australia New Zealand

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education & regulatory authorities in each State and Territory.

In January they will be receiving exchange students from Europe, Japan, the USA and Latin America. New arrivals will live with a host family and attend a local school for 2 or 10 months. They are keen to hear from suitable families who might be interested to host a student.

All students have at least basic levels of English and have a wide variety of interests and hobbies. Staff members of Student Exchange Australia New Zealand are happy to discuss which student might be best suited to a family.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, call 1300 135 331 or visit their website www.studentexchange.org.au.

Southern Cross Cultural Exchange

Volunteer to host an international high school student arriving in Australia in February 2014 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in February for one term, one or two semesters from France, Italy, Germany, Austria, Sweden, Norway, Denmark, Finland, the USA, South America and Spain. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website www.scce.com.au, email scceust@scce.com.au or call toll free on 1800 500 501, request international student profiles, and capture the spirit of family and friendship.

Inside Her Head - Understanding Teen Girls

What's in the mix for our teen girls?

- Independence
- School
- Family relationships
- Boys
- Homework and study
- Friendships
- Technology
- Drugs and alcohol
- Parties
- Body image
- Dating
- Identity



Explore the stages of development needs of teenage girls
What does that mean for us as parents?
Consider the important roles mum and dad play in the lives of teen girls

Venue

Centacare, 33 Wakefield Street, Adelaide

Duration

3 Hour Presentation

- Wednesday October 2nd, 2013

Cost Gold coin

Time 7.00pm to 9.00pm

**Bookings essential, please contact Centacare on 8210 8200
or email your details to: registrations@centacare.org.au**

This project is jointly funded by Centacare Catholic Family Services and Department of FaHCSIA

Inside Their Heads - Understanding Teen Boys and Girls

What is going on for teens in 2013?

- School
- Peer friendships
- The future
- Relationships
- Their parents
- Drugs/Alcohol/Parties

Explore how to talk to your teen about difficult topics

Learn how to separate the 'biggies' from the 'smallies' - what's worth worrying about?



Venue

Centacare, 33 Wakefield Street, Adelaide

Cost Gold coin

Time 7.00pm to 9.00pm

Duration

3 weeks (all dates to be attended)

- **Session 1** - Tuesday 12 November, 2013
- **Session 2** - Tuesday 19 November, 2013
- **Session 3** - Tuesday 26 November, 2013

**Bookings essential, please contact Centacare on 8210 8200
or email your details to: registrations@centacare.org.au**

This project is jointly funded by *Centacare* Catholic Family Services and Department of FaHCSIA

Uniform Shop

The Mitcham Girls High School uniform is available from the following locations:

Mitcham Girls High School

Trading Hours during School Term: Thursdays 8:00am – 1:30pm

or

Uniform Management Services, 109 Rundle Street, Kent Town

Tel: 08 8363 5255

Trading Hours (from Monday 29 July to Friday 30 August)

Monday 9:00am – 5:00pm

Tuesday CLOSED

Wednesday 10:00am – 5:00pm

Thursday 9:00am – 5:00pm

Friday 10:00am – 5:00pm

Normal trading hours resume Monday 2 September: Monday to Friday 9:00am - 5:00pm

Mitcham Girls High School App

Featuring
Notifications directly to your device
Newsletters
Calendar Events
Direct contact links



Available NOW



Diary Dates

August	Tuesday 20	Principal's Tour 9:15am
	Wednesday 21	Course Counselling Evening Years 10 & 11 2:45 – 8:00pm
	Thursday 22	Course Counselling Day Years 10 & 11 9:00am – 3:00pm
September	Tuesday 3	Dance Performance 7:00pm Odeon Theatre, Norwood
	Friday 6	SCHOOL CLOSURE (Show Day / Ski Trip)
	Monday 9	STUDENT FREE DAY
	Friday 13	WWW published on website
	Monday 16	Governing Council 7:00pm
	Friday 27	End of Term Reports distributed 3:10pm