

WHAT, WHEN & WHY

No. 3, Friday 23 May 2014, Term 2



MITCHAM GIRLS
HIGH SCHOOL



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From The Principal

News from "Parent Voice" Committee

On behalf of the Parent Voice Committee I would like to thank the many parents who completed the questionnaire sent out last term. Once all responses have been collated, the Committee will publish how and when the issues you have highlighted will be addressed.

However, the issue of limited "subject choices" at Year 11 which you identified had also been identified by the school and a lot of work has been already done to address it.

For the year 2015 and beyond, approximately eight subjects will be accessible to the Year 10 and Year 11 students. These subjects include Physical Education, Personal Fitness, Drama, Visual Art, Design, Information Technology, Design and Technology and Nutrition.

This new structure will definitely open up choices for the Year 11 students. For example, this year Biology and Physical Education are taught at the same time, therefore, students were not able to study both subjects. In 2015, Physical Education will be offered twice, once on the Year 11 timetable and once on the Year 10 timetable, making it possible for the majority of students to study both subjects. The timetable will not only benefit the Year 11 students; it will also allow the majority of our Year 10 students to access two or three SACE Stage 1 subjects thereby introducing them to the rigours of Year 11 work.

It follows, however, that in 2016 the content of these subjects will need to be different so that Year 10 students who may have chosen Physical Education in 2015 may also choose to study Physical Education in 2016.

It is important to understand, however, that all students will study Year 10 Science, Mathematics, English and Humanities.

Studying some Stage 1 subjects at Year 10 does not, in any way, mean that students study fewer subjects at Year 11 or Year 12. It will mean, however, that students will either study a particular subject in greater depth or that students study a wider range of subjects.

During our counselling processes, the structure will be clearly explained to the students. A parent meeting will also be held in Term 3.

We believe this is a very exciting initiative which will benefit our Year 10, 11 and 12 students.

I thank all staff who will be developing this new curriculum.

Uniform

Thank you once again for ensuring that your daughter adheres to the Uniform Policy, including correct shoes and length of skirt or dress.

We realise that skirt/dress length will always be a challenging issue for you and for us. As the girls get taller the dresses get shorter and I do appreciate your patience in adjusting each of the uniform items when necessary.

Antoinette Jones

Attendance and Success

Many studies have found a direct correlation between good attendance rates and success in school and we have been working with students and families to improve our attendance rates.

We understand that there are times when students are ill and cannot attend school, but we encourage all families to ensure that students attend school as much as possible.

Even though our attendance rates are quite high, there is always room for improvement and we have developed and implemented strategies to ensure our students reach their potential.

One of these strategies relates to one of our attendance slogans, "You get presents for your presence". This year we decided to reward students who achieved 100% attendance at the end of each term. After Term 1, the Senior School (Years 10, 11 and 12) were impressed to see 48 of our students had an attendance rate of 100%. From those students, we drew a name out of a hat for each year level and awarded the winner a \$20 iTunes card. These students were:

Year 10	Alicia Murphy
Year 11	Kervania Govender
Year 12	Rebecca Eager

Congratulations to the winners and to all students who managed to achieve 100% attendance. We look forward to many more names on the list at the end of Term 2.

Tony Sims
Deputy Principal – Senior School Leader

Middle School News

Year 9 Camp

The Year 9 Camp was held at Woodhouse from 7 to 9 May. Pleasingly almost all of our girls participated and classes were run at school for those who did not.

The first two days gave us beautiful weather which was a boon for outdoor activities ranging from laser skirmish, Challenge Hill, orienteering, and friscgolf outdoors to cooking, craft and puzzle solving indoors. Most of these activities have a strong focus on teamwork and collaboration.

The girls were divided into teams, with points being allocated to many of the activities undertaken as well as for the longest tomboy (about 30 metres), best team song and best team banner.

The girls were well behaved, actively engaged and seemed to have a great time.

Thank you to Paul Wise, Bri Parsons, Tom De Angelis, Melissa Hsu, Bianca Reddy and Zinta Ozolins who helped make this camp a success.

Mike Elliott
Year 9 Manager



Spence Continues Trophy Run

On Friday 4 April the annual Mitcham Girls High School Sports Day was held. Spence continued their form from Swimming Carnival and broke through for their first triumph since 2010.

The day started bright and early as the first round of team sport events kicked off at 9am. Simultaneously, the ever important individual novelty events were running on Kingswood Oval, where girls threw softballs, kicked footies at cricket stumps and shot netball goals in an effort to earn their House additional points.



It was soon lunchtime, with a BBQ prepared by the SRC, and Year 12 Theatre Sports in the gym. There are definitely some budding comedians at Mitcham!

Afternoon activities saw the whole school converge onto the school oval to compete in the continuous relay and team novelty events. In line with the school's 50 Year celebrations an Old Scholars Tug-O-War was held, which also saw spectating parents, staff and Year 12 students join in. Mitchell beat Fraser in the final. Special thanks to old scholars Alison Coombe (Class of '11), Misbah Khaliq (Class of '12), Runa Hong (Class of '12) and Charlotte Holland (Class of '12) for joining us on the day.

The final events of the day were sprint relays, which were held directly in front of the House areas and created an awesome atmosphere. Our old scholars joined in during the Year 12 sprints and all four finals had fast and close finishes.

The overall results saw Mitchell claim the Junior House Cup and Spence claim the Senior House Cup, leading to a tense reveal of the final results. When Ms Alston announced that Mitchell had finished second, TJ (Spence Year 12 captain) was mobbed in a pile of screaming Spence Year 12s before she could even lift the trophy.

Congratulations to all House Captains for organising their teams so well throughout the day so that no events were left unfilled. A big thank you to all teachers who undertook umpiring/scoring roles and helped the day run smoothly.

	Junior		Senior		Overall	
1st	Mitchell	1,190	Spence	1,551	Spence	2,702
2nd	Spence	1,151	Mitchell	1,304	Mitchell	2,494
3rd	Fraser	1,145	Fraser	1,235	Fraser	2,380

Zone Sport Update

Zone Sport for Terms 2/3 has commenced. Mitcham will be fielding teams in Netball, Badminton and Soccer. Thank you to the staff members who give up their time to help coach/manage a team.

Tuesday	Year 8/9 Soccer	Mr Finos
	Open Soccer	Mr Bambrough
	Open Badminton	Ms Olifent, Ms Clarke, Ms Jones
Wednesday	Year 8/9 Netball (3 teams)	Ms Reddy, Ms Parsons, Mr DeAngelis and Year 12 student Bianca Davey
	Open Netball	Ms Tsoukalas and Ms Beauchesne

Netball umpires will be organised and mentored by Ms Dodd.



Fastest Girl At Mitcham

At lunchtime on Thursday Week 3, a competition was held to find the fastest girl at Mitcham in Years 8/9. The sprint race was held over a distance of 68.58 metres (75 yards) to fit in with the school's 50 Year celebrations, as a similar race was held in earlier years.

With over 30 participants across the two year levels, four heats were run before two semi-finals and a final, with every participant earning House points. The closely run final was won by Year 8 student Amber Mysiszczew. Medals will be awarded to the place getters at a whole school assembly.



Final Placings:	1st	Amber Mysiszczew	8.07	5th	Jamie Chang	9.16
	2nd	Jessica Rokkas	8.08	6th	Aka Dau Aruei	8.05
	3rd	Lucy Heyndyk	9.16	7th	Madeline Williams	9.15
	4th	Cecilia Ronson	8.08	8th	Holly Castle	8.07

Netball Umpiring Clinic

On Monday 5 May, representatives of Netball SA conducted a thREE Umpiring Course at Mitcham. Seventeen students completed the course, which is not only an introduction to umpiring netball, but is also a great way to further develop knowledge of the sport itself. The girls must be commended for their enthusiasm to give it a go as many have now learnt that umpiring is a lot harder than first expected!

Some of these girls will be umpiring netball matches in the upcoming Zone Sport season.

Attendees: Emily Hutchinson, Jasmine Wilson, Hannah Skull, Sophie Treloar, Caitlin Curnow, Madeline Williams, Isabella Condello, Ashlee Parrott, Megan Wittwer, Brianna Fantis, Deborah Katembwe, Cheya Childs, Georgia Parish, Ayeisha Wallace, Bella Dalle-Molle, Tasmyn Lynch, Hayley Rhodes, Deanna Norman.

Georgina Sulley-Beales
Sports Assistant

Dance News

Celebration of Dance Performance

In the last week of Term 1 the Dance students presented 'Celebration of Dance' in the Performing Arts Centre for parents and friends. All year levels presented dances, including our new Year 8 performance team, Tempo.

The focus for the Year 8s and 9s was simply to dance to have fun, whilst exploring some specific genre and style. The Year 9s presented a dance with movement from the Roaring 20s, whilst the Year 8s danced to Cyndi Lauper's hit 'Girls Just Wanna Have Fun'.

'What Would Louis Think?', presented by the SACE dancers, was inspired by the idea of breaking the rules and principles of classical ballet - a concept explored as part of their historical studies of the beginnings of ballet during the reign of the French King, Louis XIV. Breaking the revered rules was a joyous experience with the dancers contributing much of the choreographic material.

The Year 10 dancers also created the content for their dance 'Body Parts', and for their dance 'Wanna Be Like You' they were encouraged to develop a crazy, fun character.

For many of the students performing, it was their first experience of dance performance. I'm sure that they all felt the joy and excitement of dance, along with a few nerves! In just one term the students have taken risks with their learning, developed confidence and explored their own ideas in unique and creative ways. My congratulations are extended to all the students who performed and my thanks to Zoe Charman for her expertise on the lighting board. Thanks also to Meredith Arnold and Vashti Carman for their time, and support of the dancers on the night.



Judy Swan
Dance Teacher

Library News

The Library continues to have fun with topical themes. For instance, did you realize The Hungry Caterpillar is 45? Few parents (or teachers) will be this old themselves!

Kevin, the library bear, has been sitting guard over some of the memorabilia on display. He enjoyed the ANZAC display set up to remind us of all who gave their lives, and their families who suffered loss, so we may enjoy the Australia we have today.

We are pleased to say the Premier's Reading Challenge Record sheets are starting to flow in. The first student to complete the challenge was Emma Batten (Year 9) followed by Tuba Chandio (Year 10). With the Challenge 16 weeks in, help us to encourage your daughters to complete the challenge, which is reading twelve books before 5 September.

More information can be found at <http://www.premiersreadingchallenge.sa.edu.au/prc/>.

Margaret Clarke
Librarian



Science News

An Opportunity for Year 9 and 10 Students

The ConocoPhillips Science Experience is a fun three days of Science activities. Each program is designed to provide students who have an interest in Science with an opportunity to engage in a wide range of fascinating Science activities under the guidance of scientists who love their work.

The program takes place in over thirty universities and tertiary institutions, within many different laboratories and lecture theatres. Participants perform experiments in the laboratories, meet and hear senior lecturers in the lecture theatres, attend site visits and walk around and experience what it is like to be on the campus of a university or tertiary institution. More than 63,000 students have taken this rare opportunity to date.

The program also provides information about further studies in Science, Technology and Engineering. It highlights the wide range of careers that allow students to pursue their interest and abilities in the sciences.

One aspect of the program often commented on by participants is the opportunity to meet and share ideas with students from different schools. Each program includes a BBQ or other social activity.

Where & When: Flinders University, 2 - 4 December 2014
University of Adelaide, 21 - 23 January 2015
University of South Australia, 9 - 11 December 2014

The full fee to register and attend a program is \$115.00 (incl. GST). If you apply to the Mitcham Rotary Club, they are willing to sponsor one or more students for full or part of the registration fee OR you may like to ask your local Rotary. For contact details of your local Rotary club call 1300 4 ROTARY or www.rotary.org.au.

For further details <http://www.scienceexperience.com.au/> or contact the school.

Incredible Harmony Machine

The Year 8 Gift class worked in teams on a section of a very large machine. They incorporated energy transformations involving light, sound, movement, chemicals and electricity. Each section of the machine was linked together by dominos falling over.

There were a few problems with the weather but eventually all of the machines linked together finally releasing a large number of orange flowers.



CSIRO Excursion

Both Stage 1 Biology classes enjoyed visiting the Waite Institute and participating in the 'Getting Into Genes' program that enhanced their school work on DNA and gene technology.



Helen Marussinszky
Science Coordinator

Senior School News

World Vision Global Leadership Convention

On Wednesday 7 May I had the great pleasure of taking six of our students from Years 10 and 11 to the World Vision Global Leadership Convention (GLC). Below is a reflection by Emma Crook, a Year 11 student, of her experience at the GLC.

"I learnt that global poverty is a fault not a fact and, by recognising that there is an unequal world and knowing we have the power to transform that, inspired me to be a part of the road to change.

The stories that were told at this convention and knowing these people are just like you and me, changed the way I looked at the 40 Hour Famine. It's not just giving something up and donating the money, it's about being able to understand the problem and knowing we have the power to do something about it.

The people in these situations have no control over their life; they have no idea where their next meal is coming from. The convention empowered me to hopefully inspire as many people as I can to take part in the movement of change. We can actually make a difference and it is already happening in so many people's lives because of the efforts of World Vision. I feel so inspired I can help that change and be a part of something so huge.

One of the most inspiring and empowering moments in the convention was when a Youth Ambassador talked about her time in Rwanda. She asked this man what he would like to say to the people of Australia. His reply was "Tell them, thank you because they are saving the lives of people they don't even know". We are on the road to change and we can make a big difference here at Mitcham and be part of something incredible."

The students who attended the GLC are now the leaders for the 2014 40 Hour Famine which will take place on 15-17 August. I encourage you to talk with your daughters about taking part in the 40 Hour Famine this year and, in doing so, being part of something huge that has the power to change people's lives.



If you would like more information contact me either at school on 8272 8233 (Wednesday, Thursday or Friday) or via my email rebekah.brown659@schools.sa.edu.au.

Bek Brown
Christian Pastoral Support Worker

United Nations Youth Australia Conference

From 14 to 16 March I attended the United Nations Youth Australia, South Australian Conference at Nunyara, Belair. About ninety students attended from different schools across South Australia.

The theme of the camp was 'A Global Democracy' and we had two days of workshops in which we learnt about democracy and why it can be really challenging to achieve. In our workshops we were required to discuss important aspects of democracy. This would ultimately lead us to our interactive simulation where all aspects of 'democracy' needed to be employed to resolve the tension between Islamists, Seculars and the Military in a scenario based around the crisis in Egypt several years ago. Let's just say that the end result was not peaceful and one of the three groups may have had to seek asylum in Nauru.

Other activities included in the weekend were a costume party where we had to dress up as the country we were given and my favourite part, the UN mock debates, where all of us gathered to debate topics such as 'A question of democracy', 'A question of espionage and intelligence' and my personal favourite 'A question of the Ukraine' which, although a heavy issue, was incredibly interesting and turned into the most heated debate of the weekend and extended into afternoon tea.

While spending a weekend learning about global issues was certainly insightful, the most inspiring aspect about the weekend was getting to meet a group of young adults who take an active interest in global issues. The people that I met allowed me to voice my opinions, to listen to others and learn and grow in ways that are different from being at school. It is because of this that I encourage anyone interested to look into UN Youth because they do some awesome things and it's an opportunity to meet and make some amazing friends.

Jasmine Wright-Poscablo (12.03)

Road Safety

Personnel from the SAPOL's Road Safety Section recently attended Mitcham Girls High School and delivered a road safety presentation to Year 11 students entitled "The Fatal Five". This powerful and interactive program discussed road safety issues, including the causes of road crashes such as fatigue, alcohol and drugs, speed, risk-taking, peer pressure, driver attitudes and ways in which to reduce the risk of becoming a crash statistic. This program incorporates contemporary government road safety messaging in partnership with the Motor Accident Commission (MAC).

The Road Safety Section also provides a free bi-monthly e-newsletter 'Talkin Road Safety' to schools. The newsletter contains articles which should be of interest to all road users.

There are a number of websites which may be of further value:

- raa.com.au
- mylicence.sa.gov.au
- sapolice.sa.gov.au
- howsafeisyourcar.com.au

For further information on Road Safety please feel free to contact the Road Safety Section on 8207 6586 or email DLSAPOLRoadSafetySection@police.sa.gov.au

Meredith Arnold
Year 11 Manager

Whole School News

Student Exchange

Jaymee Langrehr and Michaela Manser have been selected by the Southern Cross Cultural Exchange to participate in their Student Exchange Program to France and Italy respectively. Jaymee and Michela will depart in September and return in January 2015. What a wonderful opportunity. Congratulations!

Fashion Event “Dressed for Daw” Charity Fashion Parade for the Daw House Hospice Foundation

A sophisticated event, showcasing some of the best of Adelaide’s well established designers, along with an exclusive sneak peek of upcoming labels.

Where: Performing Arts Centre at Mitcham Girls High School

When: Saturday 21 June 2014

Time: 7:00pm for nibbles and refreshments and the Fashion Parade will commence at 8:00pm

Price: \$20 per ticket (includes light refreshments, nibbles and door prize.)

RSVP: louise.fazekasgiles@hotmail.com

Including collections by Alexis George, Lexi Clothing, Greta Kate, Jack Solis and Achey Breaky. Models provided by RMT Management. Hair and makeup by Colour Cosmetics.



ALEXIS GEORGE

Greta Kate

Colour Cosmetics

LEXI
LEXI CLOTHING

Achey Breaky

JACK
SOLIS

There will be a raffle drawn during the night.

Louise Fazekas-Giles graduated in 2011 from Mitcham Girls High School and will be hosting this event. Louise has signed up to take part in a group “Cambodian Bike Ride Challenge” in September and all proceeds from this event will go to the Daw House Hospice Foundation.

Those ‘Splendid Girls’

Mitcham Girls High School was privileged to host old scholars from the 1960s on Friday 9 May for the first of our morning tea reunions. These ‘Splendid Girls’, as the founding Principal Ms Ward called them, shared their stories, memories and lots of laughter. The school archive display was a great source of memories as were the tours conducted by members of the Student Representative Council.



Anzac Day

Mitcham Girls High School students attended dawn services and marches at different locations across Adelaide. The school was represented by Alina Jansons (Year 8 SRC), Ms Sue Howlett and Ms Antoinette Jones at the Mitcham Dawn Service, where a wreath was laid on behalf of Mitcham Girls High School.

Meredith Arnold
Senior Leader

Counsellor News

Beyondblue is pleased to announce the release of a new guide for parents and families of young people who are questioning their sexuality or gender identity. The multimedia guide "Families Like Mine" aims to support parents and families to help reduce discrimination and promote an inclusive environment for young people. This guide is protective of mental health and aims to reduce the risk of suicide.

The guide can be found online at: www.beyondblue.org.au/familieslikemine and can be printed or downloaded.

It gives parents and families information on:

- evidence about the impact discrimination has on mental health for same or both-sex attracted, and gender diverse communities
- the importance of inclusion for people's mental health and wellbeing
- safe and supportive family environments as a protective factor for reducing suicide risk
- understanding gender and sexuality as part of everyone's identity
- keeping their child or loved one safe; including suicide prevention information
- links and resources.

Jill Olifent
Counsellor

VET/Tertiary/Careers

BiG Day In Adelaide

The ACS Foundation invites Year 9-12 students who are interested in careers in Technology, Careers Advisers and IT Teachers to attend the BiG Day In IT Careers Conference. There will be speakers from companies like WiseTech Global, HP and more, talking about the future of careers in Technology. Exhibitors from organisations including WiseTech Global, HP, LEGO Education, Digital Careers and more, will be on display.

Date: Monday 16 June 2014
Time: 9:00am - 2:30pm
Venue: City East Campus, University of South Australia

Tickets are free for students. Book your tickets at <http://acsfoundation.com.au/bdi/index.cfm?page=Adelaide>.

Enquiries to Kerrie Bisaro, ACS Foundation, (02) 8296 4444 / 0417 409 069 or kerrie.bisaro@acsfoundation.com.au. Don't delay – tickets are going fast! Visit thebigdayin.com.au for more details.

SACE Winter Revision Program

Adelaide Education Consultants is conducting a SACE Winter Revision Program for Years 11 and 12 students in the July holidays - Tuesday 8 - Friday 11 July (week 1) and/or Monday 14 - Thursday 17 July (week 2).

Venue: St Mary's College, 253 Franklin Street, Adelaide
Online Bookings: www.aeg.sa.edu.au

Bookings are essential - phone 8231 7776 and save \$45 per subject on Early Bird bookings.

Free online magazine for students and parents leavingschool.com.au.

School to Work Simulation: Mock Interview Program for Students - A Call for Interviewers

Mitcham Girls High School and VETnetwork Australia Training Services have partnered together in a Mock Interview Program. The aim of the program is to provide our Year 10 students with the realistic experience of how they would prepare and conduct themselves through an interview process. Students who participate in the Mock Interview Program will have better awareness and will gain the relevant skills that can assist them in the future.

We are seeking interviewers who have a desire to share their valuable knowledge and experience with our students. The interviews are set to take place during the day at Mitcham Girls High School on Thursday 19 June 2014 from 1:00 to 3:30pm and on Friday 20 June 2014 from 11:00am to 3:30pm. No prior interview experience is necessary as interviewers will attend a pre-interview session and will be provided with an 'interview guide/focus' to support specific student outcomes.

To register your interest or for more information about the mock interview process, contact Rachel Rowett, VETnetwork Australia Training Services Executive Manager - Training on 8297 4533 or rachel.rowett@vetnetwork.org.au.

University of Adelaide Updates

- Admission changes to the Bachelor of Science (Veterinary Science)
- Roseworthy Information Days 8 July, 9 July, 30 September, 1 October, register online
- The University of Adelaide Creative Writing Competition /Photographic Competition
- Bachelor of Medicine and Bachelor of Surgery Information Session - 2 June at 6:30pm
- Bachelor of Dental Surgery/Bachelor of Oral Health Information Session - 3 June at 7:00pm
- UMAT online tutorials

Refer to the University of Adelaide website for further details www.adelaide.edu.au.

Australian Defence Force

The Army is offering a work experience opportunity to 75 students at RAAF Base Edinburgh for the period 16 to 18 June 2014.

The placement arranged with 1st Brigade Adelaide will provide students with demonstrations, presentations and practical activities with 7 RAR (Infantry); D Squadron (Cavalry), 9 Field Squadron (Combat Engineers), and Logistics Support Element (Transport, Mechanics, Ordnance). Activities may include physical training sessions, use of the Weapons Training and other simulators and demonstrations of weapons, vehicles and equipment specific to various units.

Students will have the opportunity to speak with Army personnel from a range of areas to gain information about their roles, careers and experiences in Defence.

Students should apply online at the Defence Work Experience Program website <http://www.defence.gov.au/workexperience/> for Job Ref - WEP/00578/14.

Jill Olifent
Counsellor - VET/Careers



Parent Workshops 2014

For PARENTS/CAREGIVERS of students from

Unley, Mitcham Girls and Urrbrae Agricultural High Schools

*To help you be a support for your child in making important **course and career decisions** throughout their secondary schooling and beyond.*

Venue for all workshops: Unley High School staff room

Times for all workshops: 6:00pm until 8:00pm

Workshop 1 Today's (multiple) Pathways to University

Wednesday 28 May (Term 2 week 5)

Hear from the 3 major universities about how things have changed with regard to getting into university; the 'non-linear' pathways. Hear about Bridging courses, University Entrance tests, No Australian Tertiary Admission Rank (ATAR) - what now? Ask questions of a panel of University Course Counsellors and undergraduate students. Learn about some of the online tools the major universities have available for students to choose courses and careers.

Note: This workshop will be of particular interest to parents of Year 12 students.

Workshop 2 Other further education options and how to help if they have no idea

Wednesday 2 July (Term 2 week 10)

The post school training environment in S.A – what are the options, opportunities and what career paths can this environment offer your child?

In the second half, find out about and try some really useful websites and other resources which you could use with your child in guiding them along their path.

To register interest: Email careerpartners@uhs.sa.edu.au and indicate which workshops you would like to attend.

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or contact:
Mitcham Girls High School

Phone: 82728233 Contact: Sue King Email: Susan.King534@schools.sa.edu.au

Community News

Positive Parenting Seminars Term 2

Managing Anger in Children

Presenter: Donna Broadhurst

Date: Wednesday 4 June

Time: 7:30 – 9:30pm

It's not easy living with our own emotions, let alone our child's ups and downs. Yet parents can help their children to safely express their feelings and manage strong emotions. It is a gift that will serve them well for a lifetime.

Helping Teens through Adolescent Emotions

Presenter: Vina Hotich

Date: Wednesday 25 June

Time: 7:30 – 9:30pm

Transitioning from childhood through teenager years to adulthood can be a tumultuous journey for all involved. This seminar aims to help parents identify ways to enable teenagers to express their stress, anger and other strong emotions effectively and respectfully.

All workshops are held at Effective Living Centre, 27 King Williams Road, Wayville. Enquiries 8271 0329. Booking is quick and simple at the Effective Living Centre website www.effectiveliving.org/positive-parenting.

Parenting Seminar Presented by Parenting SA - Free

Are you the parent of a pre-teen or teen? Hear Michael Grose, parenting author and presenter, talk about parenting methods that work best as your child becomes a teenager. Find out about:

- the different stages of adolescence
- adapting your parenting style to your child's changing needs
- great communication ideas for staying connected with your teen
- building blocks for good mental health and wellbeing

To book online <http://parentingsa.eventbrite.com.au>, phone 8303 1600 or email health.parentingsa@health.sa.gov.au.

For more information about parenting teenagers visit www.parenting.sa.gov.au or www.cyh.com.

Diary Dates

May	27	Principal's Tour	9:15am
June	3	Music Showcase	6:30pm
	5	Principal's Tour	9:15am
	9	Public Holiday	
	10	STUDENT FREE DAY	
	11	Year 8 Immunisations	
	16 – 20	Years 10 & 11 Exam Week	
	16	Governing Council	7:00pm
	19	Year 12 Retreat	p.m.
	20	Year 12 Retreat	All day
	23	What, When & Why No. 4 published Semester 2 Begins	
July	4	Year 11 Reflection Day	
	21	END OF TERM 2 Reports distributed Term 3 Begins	3:10pm
August	4 – 8	Year 12 Exams	
	4	Governing Council	7:00pm
	15	What, When & Why No. 5 published	
	19	Principal's Tour	9:15am
	26	Year 12 Drama Production	7:00pm
	27	Year 12 Drama Production	7:00pm
	29	Quiz Night Goodwood Community Centre	
Sept	1	Governing Council	7:00pm
	5	School Closure	
	5-8	Ski Trip	
	8	STUDENT FREE DAY	
	12	What, When & Why No. 6 published	
	15	MMAD Day	
	26	END OF TERM 3 Reports distributed	3:10pm